

Impact Tour with Adelante in Honduras



Travel With Us

Adelante Foundation is a U.S.-registered nonprofit with over two decades of experience supporting women entrepreneurs in Honduras through microfinance and education. Our Honduran-led team operates five branch offices across the country, serving 4,000–8,000 women annually with programs that build financial resilience, reduce inequality, and promote sustainable development.

The Adelante Impact Tour offers supporters, partners, and curious travelers the chance to witness this work up close. You'll visit diverse regions—from coastal towns to rainforest communities—where Adelante's clients are transforming their lives and communities.

What to Expect

This small-group tour (capped at 10 participants) is designed to give you a personal, immersive experience. You'll travel with Adelante staff to meet microloan recipients in their communities, hear firsthand stories of impact, and explore the natural beauty and cultural richness of Honduras.

Expect a mix of structured programming and downtime to relax, reflect, or explore on your own. Optional experiences include:

- A local school visit
- A traditional cooking class led by an Adelante client
- Guided exploration of tropical forests and rivers

You'll receive a detailed pre-trip packet covering currency exchange, packing suggestions, safety tips, and travel FAQs. A group Zoom call (or in-person meet-up if possible) will be held in advance to answer questions and introduce fellow travelers.

We aim for meaningful travel: deep connection, open dialogue, and real insight into what it means to support women with a hand up, not a handout.



Adelante Mission

To empower enterprising women with the least opportunity to achieve economic self-sufficiency

Why?

Honduras is the 2nd poorest country in Central America. Of this population women are among the most vulnerable groups. They are challenged daily by food insecurity and health problems, primarily due to low household income. Microfinance is not charity – it empowers women to pursue opportunities. Entrepreneurs retain ownership of goals and accomplishments and experience sustainable economic development.



Trip Itinerary Oct 18-24, 2026

San Pedro Sula, Tela, Pico Bonito National Park & Roatan

Day 1 - Arrive into San Pedro Sula

Arrive into Ramon Villeda Morales International Airport. Pick-up times will be arranged by arrival time groupings. Convene for dinner with group for orientation. If arrival time is early, we can suggest San Pedro Sula activities.

Day 2 - Visit Adelante Staff & Clients

Expand your understanding of Adelante Foundation's impact by doing community visits, hearing directly from beneficiaries and Adelante staff in Yoro region en route to Tela for evening on the coast.

Day 3 - Client Site Visits and Forest

Enjoy morning in Tela, and visit few more beneficiaries and Adelante staff in Atlantida region en route to Pico Bonito Lodge located in tropical rainforest.

Day 4 & 5 - Headquarters and Jungle

After a relaxing morning visit Adelante headquarters in La Ceiba & few more client site visits before heading up River Cangrejal in Pico Bonito National Park and enjoy following day relaxing or exploring the region.

Day 6 - Roatan

Morning ferry to Roatan and tourism day on the island.

Day 7 - Departure & Travel Home

Airport drop offs will be grouped based on departure times.

An in & out of Roatan option also available if prefer more days on the island. Please also note, flexible to dates anytime second half of Sept or Oct.

For any questions please contact Jodi Fischer jodi@fundacionadelante.org, +1(303) 319-4230

Cost per person:

\$2,700 for single occupancy

\$2,300 per person for double

Included:

- In-country transportation
- Lodging
- Most meals
- Staff time
- Interpretation services, as needed
- Tips for included meals & drivers

Not Included:

- Airfare to Honduras
- Passport/visa fees (please note US citizens do not need to pay visa fee)
- Vaccinations
- Travel insurance or international health insurance
- Alcohol



REGISTRATION PROCESS

A non-refundable deposit of \$500 per traveler can be made via check to the address below or through the **donation portal of the Adelante website**. The deposit will reserve your spot on the trip. The remaining amount of the trip cost is due six weeks before the trip. Cancellation prior to six weeks out will result in a 50% refund. Should a participant cancel after the cut off period, all monies paid to Adelante Foundation will be forfeited.

Trip Accommodations, pending availability

Night 2: Tela - Cesar Mariscos



Night 3: La Ceiba - Pico Bonito Lodge



Night 4 - 5 : Rio Cangrehal - Omega Eco-Resort



Night 6: Roatan - Las Orquideas

