

# Impact Tour with Adelante in Honduras

## Travel With Us

Adelante Foundation has over twenty years of success providing micro loans and education to underserved entrepreneurial women throughout Honduras in order to increase resilience, avoid displacement, and reduce inequalities. Adelante activities are implemented by an entirely Honduran team within five different branch offices located throughout the country. Come see our work firsthand! You'll come away with a deeper understanding of what Adelante does on a local and national level, what sustainable economic development can look like, and the importance of solving global poverty by giving women a hand up vs a hand out.

## Trip Itinerary

### Five day option - 2 nights in Roatan & 2 nights in Rainforest

#### Day 1 & 2 - Arrive & Explore Roatan

Arrive into Roatan International Airport. Pick-up times will be arranged by arrival time groupings. Convene for dinner with group for orientation. Various island activities available - we can recommend trusted outfitters to do snorkeling, scuba diving, nature preserve, tour of the island, and more.

#### Day 3 - Visit Adelante Staff & Clients

Take early morning ferry to La Ceiba. Expand your understanding of Adelante Foundation's impact by visiting Adelante headquarters and doing community visits, hearing directly from beneficiaries and Adelante staff.

#### Day 4 - Rainforest

Wake up on the Rio Cangrejal and enjoy a day relaxing and exploring the rainforest in Pico Bonito National Park. Excursion options include river rafting, hiking, four wheeling, horseback riding, and more.

#### Day 5 - Departure & Travel Home

Flight or ferry to Roatan and airport drop offs.

\* Please note additional client site visits can be arranged on day 2 and day 4.



## Adelante Mission

To empower enterprising women with the least opportunity to achieve economic self-sufficiency

## Why?

Honduras is the 2nd poorest country in Central America. Of this population women are among the most vulnerable groups. They are challenged daily by food insecurity and health problems, primarily due to low household income. Microfinance is not charity – it empowers women to pursue opportunities. Entrepreneurs retain ownership of goals and accomplishments and experience sustainable economic development.



## **Trip Itinerary seven day option**

### **San Pedro Sula, Tela, Pico Bonito National Park & Roatan**

#### ***Day 1 - Arrive into San Pedro Sula***

Arrive into Ramon Villeda Morales International Airport. Pick-up times will be arranged by arrival time groupings. Convene for dinner with group for orientation. If arrival time is early, we can suggest San Pedro Sula activities.

#### ***Day 2 - Visit Adelante Staff & Clients***

Expand your understanding of Adelante Foundation's impact by doing community visits, hearing directly from beneficiaries and Adelante staff in Yoro region en route to Tela for evening on the coast.

#### ***Day 3 - Client Site Visits and Forest***

Enjoy morning in Tela, and visit few more beneficiaries and Adelante staff in Atlantida region en route to Pico Bonito Lodge located in tropical rainforest.

#### ***Day 4 & 5 - Headquarters and Jungle***

After a relaxing morning visit Adelante headquarters in La Ceiba & few more client site visits before heading up River Cangrejal in Pico Bonito National Park and enjoy following day relaxing or exploring the region.

#### ***Day 6 - Roatan***

Morning ferry to Roatan and tourism day on the island.

#### ***Day 7 - Departure & Travel Home***

Airport drop offs will be grouped based on departure times.

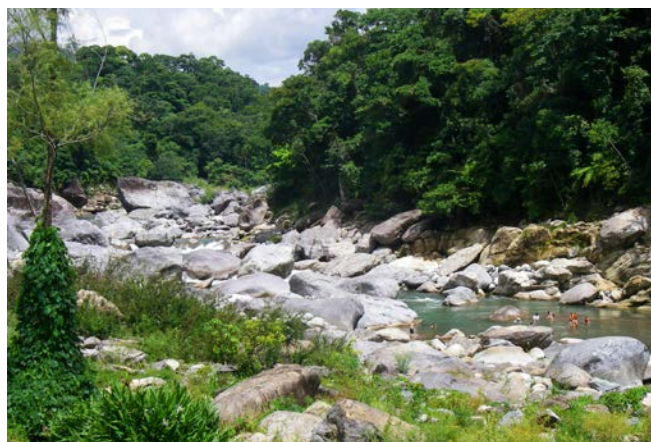
**Cost per person:**  
**\$2,000 for five day trip**  
**\$2,500 for seven day trip**

**Included:**

- In-country transportation
- Lodging
- Meals
- Staff time
- Interpretation services, as needed
- Tips for meals, guides, and drivers

**Not Included:**

- Airfare to Honduras
- Passport/visa fees (please note US citizens do not need to pay visa fee)
- Vaccinations
- Travel insurance International health insurance
- Alcohol



## REGISTRATION PROCESS

A non-refundable deposit of \$500 per traveler can be made via check to the address below or through the **donation portal of the Adelante website**. The deposit will reserve your spot on the trip. The remaining amount of the trip cost is due six weeks before the trip. Cancellation prior to six weeks out will result in a 50% refund. Should a participant cancel after the cut off period, all monies paid to Adelante Foundation will be forfeited.



# *Trip Accommodations, pending availability*

## Night 2: Tela - Cesar Mariscos



## Night 3: La Ceiba - Pico Bonito Lodge



## Night 4 - 5 : Rio Cangrehal - Omega Eco-Resort



## Night 6: Roatan - Las Orquideas

